

# PARKSIDE SCHOOL

## October 2024



Meet the Teacher Night



# DATES TO REMEMBER

Oct 1	Parent Teacher Interviews 3:00-6:00pm
Oct 3	Parent Teacher Interviews 3:00-6:00pm
Oct 11	SI DAY NO SCHOOL
Oct 14	Thanksgiving Day NO SCHOOL
Oct 24	Pizza Hot Lunch (Pre order)
Oct 29	Picture Retakes
Oct 31	Halloween Activities (pm)
Nov 6	Remembrance Day Service
Nov 7	NO SCHOOL
Nov 8	SI DAY ~NO SCHOOL~
Nov 11	REMEMBRANCE DAY ~NO SCHOOL~
Nov 22	REPORTS CARDS
NOV 28	Pizza Hot Lunch

***Elective fees are due for first term electives  
September 30th.***

***Water is available through our vending  
machine for \$.50/bottle***

## **REMINDER FOR PARENTS**

**Please call the school office to report your child's absence or if they are going to be absent/late or leave early.**



# PYTHONS

## CROSS COUNTRY RUNNING SCHEDULE

### OCTOBER:

- October 2nd - Practice 4:00pm - 5:00pm
- October 4th - Practice 3:00pm - 4:00pm
- October 5th - Echo Dale Panthers Races
- October 8th - Practice 3:00pm - 4:00pm
- October 9th - Cross Country Zones
- October 15th - Youth Run Club starts up!!



### Conquer the Hill 5kn Run

The running team all brought home medals.



AMS Elroy Herter Cross Country Run. Congratulations to all of the Parkside Running team. Kyle took first in U14 and Karden placed third in U13. WELL DONE!!!



CONGRATULATIONS to the Boys Volleyball and B Girls Volleyball teams for both capturing Gold Medals at their first Tournament of the season.

WELL DONE!





Terry Fox Run for the Cure. It was a great day and thanks to all that either walked, jogged or ran. Thank you for your support.



Thank you to Alex Baird from the MHC Rattlers for coming to the Pythons practice and sharing your knowledge and skill of the game with our players

# MUSIC



# 3D PRINTING



# GOLF



# Ms. Cross and Cosmetology



## The Art of French Braiding!



# October

2024

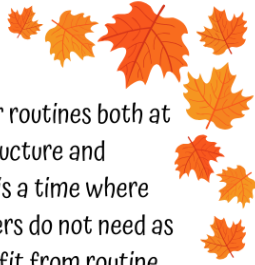
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Parent Teacher Interviews 3:00-6:00pm	2	3 Parent Teacher Interviews 3:00-6:00pm Jr. Colts Football game @ Methanex 7:30pm	4	5
6	7	8	9	10	11 SI DAY NO SCHOOL	12
13	14 THANKSGIVING DAY NO SCHOOL	15	16	17 Jr. Colts Football game @ Methanex 7:30pm	18	19
20	21	22	23	24 PIZZA DAY	25	26
27	28	29 PICTURE RETAKES	30	31 HALLOWEEN ACTIVITIES (pm)		

October						
Su	Mo	Tu	We	Th	Fr	Sa
		1 Practices: B Girls: 2:45-4:00 C Girls: 4:15 - 5:30 Bottle Drive 3:00-4:30	2 C Girls @ AMS 4:00, 4:45 B Girls @ CHHS 4:00, 4:45, 5:30 Practices: A Boys 2:45-4:00 A Girls: 4:30-5:45	3 A Boys @ CHHS 4:00, 4:45, 5:30 A Girls @ 7 Persons 4:00 & 4:45 Practices: B Girls 2:45-4:00	4 Boys Irvine Tournament	5 Boys Irvine Tournament
6	7 A Girls @ St Marys 4:45 & 5:30 Practices C Girls 2:45-4:00 A Boys 4:15-5:30	8 Practices: B Girls: 2:45-4:00 C Girls: 4:15 - 5:30	9 C Girls @ St Marys 4:45, 5:30 B Girls @ Schuler 4:00, 4:45, 5:30 Practices: A Boys 2:45-4:00 A Girls: 4:30-5:45	10 A Boys @ PJHS 4:00, 5:30 Practices: B Girls 2:45-3:30	11 S.I. Day No School	12
13	14 Happy Thanksgiving No Games Or Practices	15 Practices: B Girls: 2:45-4:00 C Girls: 4:15 - 5:30	16 C Girls @ PJHS 4:45, 5:30 B Girls @ WLC 4:00, 4:45, 5:30 Practices: A Boys 2:45-3:30	17 A Boys @ WLC 3:15, 4:00, 4:45 A Girls @ PJHS 4:00 & 5:30 Practices: B Girls 2:45-3:30	18 NDA Tournament - A Boys AMS Tournament - A Girls AMS Tournament - B Girls	19 NDA Tournament - A Boys AMS Tournament - A Girls AMS Tournament - B Girls
20	21 A Girls Playoffs TBA Practices C Girls 2:45-4:00 A Boys 4:15-5:30	22 Practices: B Girls: 2:45-4:00 C Girls: 4:15 - 5:30	23 C Girls @ CHHS 4:00, 4:45, 5:30 B Girls @ NDA 3:15, 4:00, 4:45 Practices: A Boys 2:45-4:00 A Girls: 4:30-5:45	24 A Boys Playoffs TBA Practices: B Girls 2:45-4:00 A Girls 4:30-5:45	25 7 Persons Tournament - A Boys NDA Tournament - A Girls C Girls - Irvine Tournament	26 7 Persons Tournament - A Boys NDA Tournament - A Girls C Girls - Irvine Tournament
27	28 Practices C Girls 2:45-4:00 A Boys 4:15-5:30	29 Practices: B Girls: 2:45-4:00 C Girls: 4:15 - 5:30	30 C Girls Playoffs TBA B Girls Playoffs TBA Practices: A Boys 2:45-4:00 A Girls: 4:30-5:45	31 A Boys Practices: B Girls 2:45-4:00 A Girls 4:30-5:45	Nov. 1 Zones	Nov. 2 Zones
Other Notes In Pink	A Girls: Games Are In Red	B Girls: Games Are In Purple	C Girls: Games Are In Orange	A Boys: Games Are In Blue	Practices are In Black	

# FAMILY SCHOOL LIAISON WORKER

Christy Lassiter BSW RSW

## A note from the FSLW:



September flew by and students should be adjusting into their routines both at home and at school. Routines are effective as they create structure and promote mental, physical and emotional health. Adolescence is a time where they begin to explore and assert their independence. Teenagers do not need as rigorous of a schedule as young children do, but they still benefit from routine and structure. Allow some time to have a conversation with your teen to come up with a healthy morning, after school, and bedtime routine.

## LESSONS from Autumn

@POSITIVELYPRESENT



October recognizes ADHD awareness month, this is an opportunity for Canadians to learn more about the disorder; how it's diagnosed, treated and even the positive effects. For more information, scan the QR code

We also recognize World Mental Health Day on October 10th. This year's theme is workplace mental health. The theme highlights the importance of addressing mental health and wellbeing in the workplace, for the benefit of people, organizations, and communities. For more information scan the QR code



## What does Thanksgiving mean to you?



Take time to reflect and ask what does Thanksgiving mean to me? Does the holiday make you feel grateful? Nostalgic? Angry? What are you thankful for? Have this conversation around the dinner table and create a space to reflect with one another.

## Nature of referral

Peer Problems	Anxiety
Personal difficulties	Family Breakdown
Parent/Teen Conflict	Suicide/Self Harm
Death/Illness/Grieving	Social Problems
Low -Self Esteem	Anger Management
Depression	Other

## How an FSLW can help

- Provide supportive, confidential counselling to students and families
- Act as a resource and liaison between the school, agencies, and families
- Develop and implement school/community education programs based on a preventative model
- Advocate for students and/or families with regard to family, school and community issues and services
- Provide crisis response and violence Threat Risk Assessments when needed

## Stay in touch :



Monday-Friday from 8:15-am 3:45pm



christylassiter@prrd8.ca



403-548-3951



**NOW HIRING**



## **Substitute School Bus Drivers**

- + Substitute bus drivers for both regular daily bus routes and for extra curricular trips during the school day/weekends.
- + Class 2 and S Endorsement required. PRPS will train at no cost to the driver and a wage will be paid as part of the training process.
- + Drivers with a current Class 1 or Class 2 must still obtain their S Endorsement before being eligible to drive students.

*Visit [myprps.com/employment](https://myprps.com/employment) for more information.*



**Prairie Rose**  
PUBLIC SCHOOLS

# When are you required to stop for a school bus?



## As a driver, what should I do when following a school bus on a road in town or on the highway? The rules seem different.



In PRPS, all the communities and regions we operate in require drivers to **stop** when buses are pulled over to pick up or drop off students. This includes Redcliff, Oyen, Bow Island, County of Forty Mile, Cypress County, MD of Acadia, etc.



The exception is within the City of Medicine Hat boundaries where a bylaw exists to allow traffic to keep flowing.

## How can I tell when students are on the bus, or a bus is about to stop for students to get on or off?



As a bus prepares to stop, first the amber flashing lights will signal a warning.



Once the bus is stopped, the lights will change to flashing red.



The bus will engage the crossing arm which flips out from the bus so students can cross the road safely.



All PRPS buses are equipped with strobe lights on the top of the bus. When turned on, that means there are students on the bus.



# Growing Child, Growing Parent!

## FAMILY LITERACY PROGRAM

"Everybody is here to help and nobody judges you"  
- Growing Child ... Growing Parent! participant

A **FREE** program for parents and their children. Parents can attend with or without children. Join us for a 10 week program that will strengthen your parenting skills and provide quality learning time with your children.

- Programming for both adults and children
- **FREE** lunch is provided for participants
- Transportation assistance available if required

**When:** Thursday's  
October 3rd- December 5th  
10:00am - 1:00pm

**Where:** Root Cellar Food and  
Wellness Hub  
440 Maple Ave. SE

TO REGISTER CONTACT JODY @  
403-529-3878 OR FAMILYLITERACY@MHC.AB.CA





# LEARNING ENGLISH TOGETHER

8 week program for newcomers to Canada. During these classes we will be practicing English, and learning new vocabulary all while having fun. Weekly topics may include transportation, holidays, food, sports/recreation, and everyday skills.

**Wednesdays 10:30am- 12:00pm**  
**October 22nd - December 10th**  
**SAAMIS Immigration Services Association**  
**221- 4th St. S.E. (Downtown)**



**To register call**  
**403-504-1188**  
**ext. 127 or ext. 129**



# LEARN News

We customize and deliver family literacy programs to assist adults in creating learning environments for their children 0-6, as they grow and learn themselves. All programs are FREE of charge to those in need!

## HOW TO REGISTER:

- Jody Schlenker
- [Familyliteracy@mhc.ab.ca](mailto:Familyliteracy@mhc.ab.ca)  
or 403-529-3878



Image from pinterest.ca

Today, 4 out of 10 Albertans struggle with literacy. Imagine what people in Alberta could achieve if everyone had great literacy skills.

At LEARN we are committed to helping build, develop and improve literacy in Alberta.

## Contact **LEARN** for programs and partnerships

Jody Schlenker - Program Support Manager - [Familyliteracy@mhc.ab.ca](mailto:Familyliteracy@mhc.ab.ca)

Deborah Forbes - Executive Director - [learned@mhc.ab.ca](mailto:learned@mhc.ab.ca)

Esther Meidinger - Financial Officer - [learn@mhc.ab.ca](mailto:learn@mhc.ab.ca)



# CONVERSATION CIRCLE

10 week program for newcomers to Canada. This is a starter program to assist you in furthering your lifelong learning journey. The focus will be to practice speaking English, learning new vocabulary and grammar in everyday conversation while having fun. Community guest speakers will also be a part of this program. Weekly topics may include:

- Holidays
- Food
- Sports/recreation
- Transportation
- Everyday skills

**Where:** Being Human Services  
222 South Railway St. (Downtown)

**When:** Wednesdays 6:00-7:30pm  
October 2nd - December 4th

To Register e-mail:  
[familyliteracy@mhc.ab.ca](mailto:familyliteracy@mhc.ab.ca)



FREE



